### Job Tasks / Process

- Task 1
- Task 2
- Task 3
- Task 4
- Task 5
- Task 6
- Task 7
- Task 8
- Task 9
- Task 10
- Task 11
- Task 12
- Task 13
- Task 14
- Task 15

### References


Illustrations generated using Pose 6.0, e-Frontier America, Inc., Scots Valley, CA.
**Body Priorities**

**Motion Ratings**
Evaluate with respect to the entire set of tasks for each body part

- **Dynamic**
  - **LOW**
    - Step: Posture held > 20 seconds
    - Repetition: 1-6 per minute
  - **MODERATE**
    - Step: Posture held 6-20 seconds
    - Repetition: 1-6 per minute
  - **HIGH**
    - Step: Posture held < 6 seconds
    - Repetition: 6-20 per minute

- **Static**
  - **LOW**
    - Step: Posture held > 20 seconds
    - Repetition: 1-6 per minute
  - **MODERATE**
    - Step: Posture held 6-20 seconds
    - Repetition: 1-6 per minute
  - **HIGH**
    - Step: Posture held < 6 seconds
    - Repetition: 6-20 per minute

**Force Ratings**
Evaluate with respect to the worst task(s)

- **CR10 Borg**
  - **LOW**
    - No or minimal force; noticeable effort; < 30% MVC
  - **MODERATE**
    - Moderate to strong force; obvious effort, but unchanged facial expression; 30-60% MVC
  - **HIGH**
    - Very strong force; substantial effort with changed facial expression; use of shoulder or trunk for force; >60% MVC

**Posture Ratings**
Evaluate with respect to the worst task(s)

- **LOW**
  - **Neck**
    - Neutral: Neutral / 0º to 25º of rotation
    - Midrange: -20º to 20º
  - **Arms/Elbows**
    - Neutral: Neutral; arms away from body, no load; light forces lifting near body; no twisting
    - Midrange: 0º to 20º Foot Pedal
  - **Hands/Wrists**
    - Neutral: Neutral; arms away from body, no load; light forces lifting near body; no twisting
    - Midrange: 0º to 20º Foot Pedal
  - **Legs/Knees/Feet**
    - Neutral: Neutral; arms away from body, no load; light forces lifting near body; no twisting
    - Midrange: 0º to 20º Foot Pedal

**Body Priority Matrix**

- **Left Side**
  - **Neck Priority:** MMH
  - **Right Side**
  - **Neck Priority:** HHM

- **Torso/Back Priority:** MFP
  - **Left Side**
    - **Worst Task(s):** MFP
  - **Right Side**
    - **Worst Task(s):** MFP

- **Shoulder**
  - **L. Shoulder Priority:** MHM
  - **R. Shoulder Priority:** LMH

- **Arm/Elbow**
  - **L. Arm/Elbow Priority:** MFP
  - **R. Arm/Elbow Priority:** MFP

- **Hand/Wrist**
  - **L. Hand/Wrist Priority:** MFP
  - **R. Hand/Wrist Priority:** MFP

- **Leg**
  - **L. Leg Priority:** MFP
  - **R. Leg Priority:** MFP

- **M. Leg Priority:** MFP

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